

I Came Here To Rock

Count: 32 Wall: 4 Level: Beginner No tags or restarts

Choreographer: Tanja Enget. Norway January 2024

Music: I Came Here To Rock – Vidar Busk. (150 bpm)

Good music options:

Come Here You – Carlin Carter (113 bpm). Tonight The Bottle Let Me Down – Raul Malo. (154 bpm)

Blues About You Baby – Delbert Mc Clinton (164 bpm)

Matchbox – Carl Perkins & The Mavericks & Duane Eddy (164 bpm)

Ain't Nobody Here But Us – Lisa Stabsfield. Cadillac Baby – Colin James

Section 1: 1-8

1-8 R.Heel Touch, R. Step forward. L. Heel Touch, L. Step forward. Rocking Chair

1-4 (1) Touch right heel forward, (2) Step down on right foot,

(3) Touch left heel forward, (4) Step down on left foot.

5-8 (5) Rock right foot forward, (6) Recover on left foot,

(7) Rock right foot back, (8) Recover on left.

Section 2: 9-16 (Repeat Section 1)

1-8 R.Heel Touch, R. Step forward. L. Heel Touch, L. Step forward. Rocking Chair

1-4 (1) Touch right heel forward, (2) Step down on right foot,

(3) Touch left heel forward, (4) Step down on left foot.

5-8 (5) Rock right foot forward, (6) Recover on left foot,

(7) Rock right foot back, (8) Recover on left.

Section 3: 17-24

1 - 8 Sidestep, Hold, Cross, Hold, Side, Cross, Side, Cross

1-4 (1) Step right to right side, (2) Hold (3) Cross left over right, (4) Hold

5-8 (5) Step right to right side, (6) Cross left over right,

(7) Step right to right side (8) Cross left over right

Section 4: 25-32

1 - 8 Back, Heel Toeh, Forward, Scuff, Walk ¼ turn Left.

1-4 (1) Step back on right (2) Touch left heel forward,

(3) Step down on left, (4) Scuff right foot forward.

5-8 (5, 6, 7) Walk right, left, right, left

Taaaaaadaaaaa – Wall is complete – Start again :D

Dance is Joy – So have fun and make your own variations <3

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